## ONE WORLD YOGIS YOGA SESSIONS TO ACTIVATE RADICAL WELL-BEING



**JANUARY 2016** HEALTHWIRE.FM is launching the unique and groundbreaking series of 18 yoga lessons *One World Yogis* - with Deepak Chopra and Eddie Stern, merging the wisdom of yoga with the findings of Western research to create a rich and subtle experience for your whole being. Eddie teaches physical yoga postures, breathing techniques and daily yoga practices while Deepak shares his scientific insights on the ability of yoga to positively shift our genetic makeup and rewire your brain.

Produced by the Martine Dubin Company with original music by Moby *One World Yogis* is a transformational series that will connect audiences to not only the practice, but also the health benefits of a daily yoga experience.

I am so excited about this new show One World Yogis Deepak Chopra. In this show I am able to share my medical and scientific research on the benefits of yoga and meditation, there is a true genetic impact to sustaining a daily practice. The benefits I share in this series, along with Eddie's yoga practice, will help each person attain a higher level of connectivity between body and soul.

I am honored to work with Deepak Chopra on the 'One World Yogis' project. My lessons are upbeat, powerful and effective for all levels of yoga students. I'm focusing on radical well-being, each episode will help to strengthen your body and your well being, helping you to be your best and most fulfilled self. Eddie Stern

Martine Dubin I have been passionate and involved in yoga since the age of 8. This series 'One World Yogis,' is close to my heart and my daily life. It is a unique series that adds value for our viewers and reaches a deeper level of Health and Wellness.

**ABOUT DEEPAK CHOPRA** Dubbed as one of "The top 100 heroes and icons of the century" and credited as "the poet-prophet of alternative medicine", by Time Magazine. Deepak Chopra is the author of more than 75 books with twenty-one New York Times Bestsellers, published in more than 35 languages. He is also a Distinguished Executive Scholar at Columbia Business School, an Adjunct Professor Of Executive Programs At The Kellogg School Of Management, A Fellow Of The American College Of Physicians, A Member Of The American Association Of Clinical Endocrinologists, and A Senior Scientist at The Gallup Organization, WWW.DEEPAKCHOPRA.COM

**EDDIE STERN** Native New Yorker Eddie Stern is one of the city's most well known yoga instructors. He studied Ashtanga Yoga, chanting, philosophy, and ritual under Sri K. Pattabhi Jois, of Mysore, from 1991-2009, and is the founder of Ashtanga Yoga NY. His students include Gwyneth Paltrow, Madonna, Kenny Scharf, Chris Martin, Willem Dafoe & Mike D. He has published several books on Pattabhi Jois and Ashtanga Yoga, including a translation of Pattabhi Jois's 1960 treatise, Yoga Mala. WWW.AYNY.ORG

**MOBY** Native New Yorker Moby is an electronic singer, songwriter, DJ & photographer. He has sold over 20 million albums worldwide, and co-written, produced, and remixed music for Michael Jackson, David Bowie, Daft Punk, Mylène Farmer, Brian Eno, Pet Shop Boys, Britney Spears, New Order, Public Enemy, Guns N' Roses, Metallica, Soundgarden etc. and his music was featured as the soundtrack of many movies incl. The Bourne Identity and James Bond's Tomorrow Never Dies. WWW.MOBY.COM

**MARTINE DUBIN** is the Media Entrepreneur. She is the inspiration and vision behind multiple original media productions connecting the world with stories around Business & Trade, Health & Wellness, Love & Relationships, Imagination & Creativity, Science & Consciousness. Martine also created the digital broadcast networks NEWSWIRE.FM & HEALTHWIRE.FM.

**HEALTHWIRE.FM** HEALTHWIRE.FM is the digital broadcast reaching viewers across 200+ countries. HEALTHWIRE.FM connects your body, mind & spirit with exercises for your whole being, starring well-known names in health & wellness incl. Deepak Chopra & Eddie Stern.

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